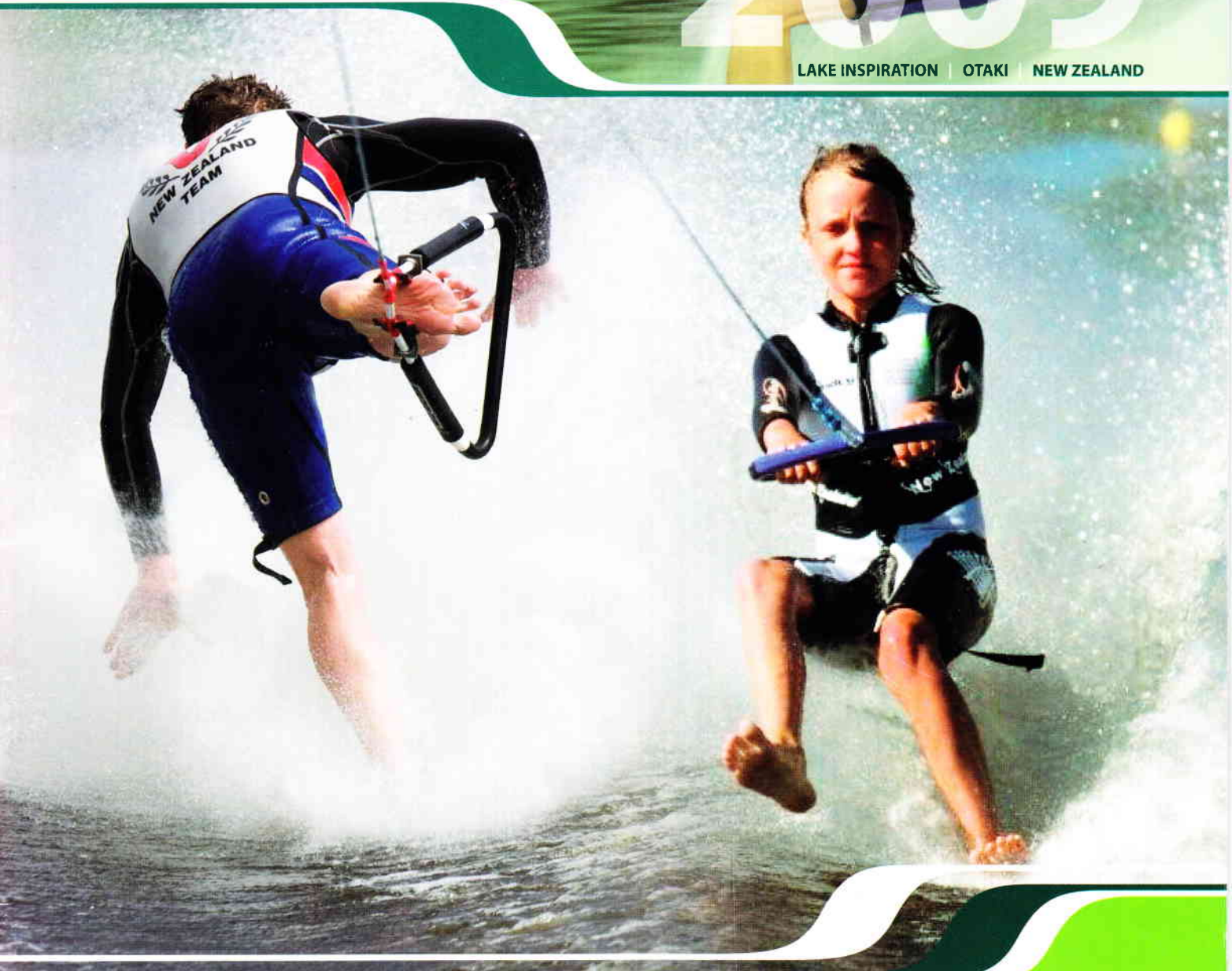




IUISF

WORLD BAREFOOT *waterski championships* 2009

LAKE INSPIRATION | OTAKI | NEW ZEALAND

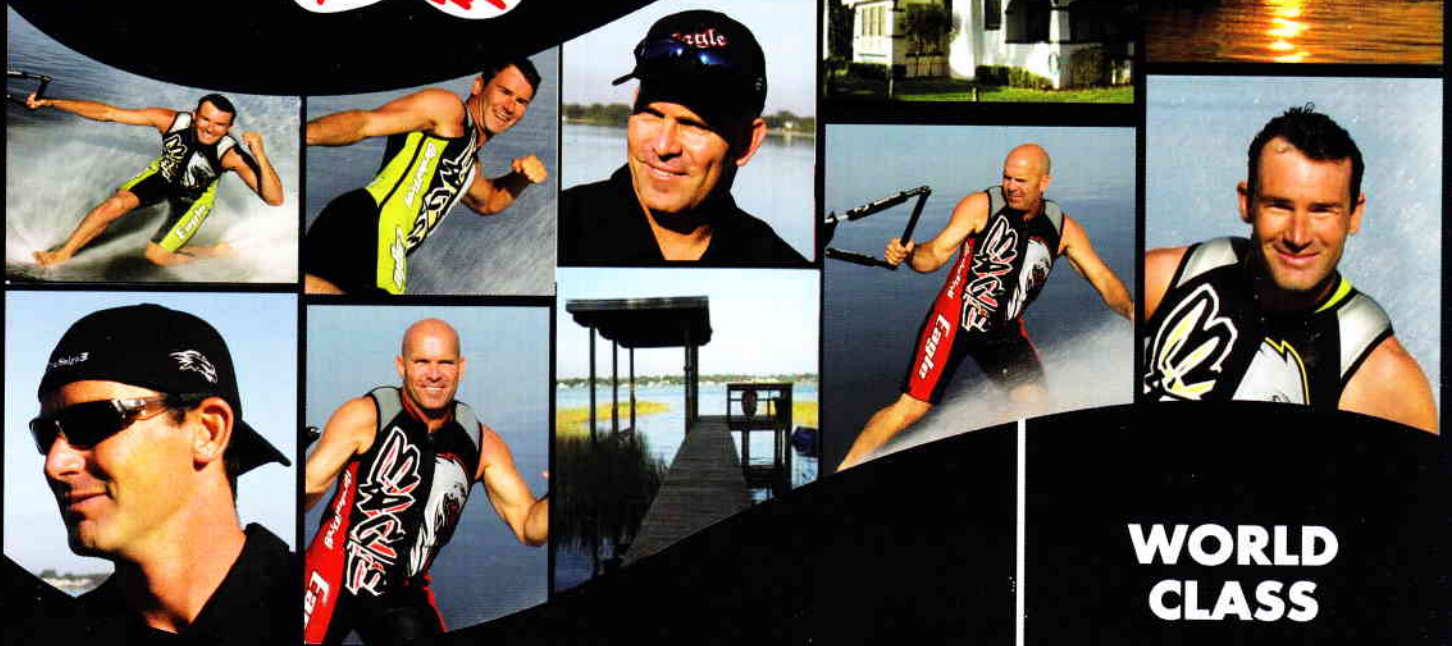


26 january – 1 february 2009



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programme for the week

Saturday 24th January	9.00am	WBC Council meeting – Byrons
	5.45pm	Managers Meeting – Lake Inspiration
Sunday 25th January	9.00am	Officials Seminar – Byrons
	5.30pm	Opening Ceremony – Lake Inspiration
Monday 26th January	8.00am	Skiing begins
Tuesday 27th January	7.30pm	Officials outing and dinner
Wednesday 28th January	7.00pm	Spit Roast and Auction Lake Inspiration
Thursday 29th January	8.00pm	Hawaiian Night – Sanger Bar, Lake Inspiration
Friday 30th January	TBA	Relay
Saturday 31st January	TBA	Paintball
Sunday 1st January	7.00pm	Prizegiving Banquet – Duxton Hotel, Wellington

The Sanger Bar – the footers den will undoubtedly be the place to hang out after the day's skiing. Open from 12noon till late each and every day. The bar offers: Videos of the day's events as seen from the boat, shown on the big screen; footing DVD's, interviews; a good mix of music, dancing karaoke; cocktails; live eel challenge (are you up for it!!)

Come meet some of your footing idols, they are sure to be there – because the Sanger Bar is the place to be!

new zealand president's welcome

It is with great pleasure that the New Zealand Barefoot Club welcomes to New Zealand for the second time, competitors, officials, supporters and friends of barefoot skiing from twelve countries from around the world.

The organisation for such an event is immense and I would particularly like to thank the small, hardworking, local organising committee and all the other people throughout New Zealand and other parts of the world for their help and support over the last 18 months, since we were awarded the World Championships. I would also like to thank all our sponsors, large and small – without your support this event could not happen. In particular I would like to mention SPARC and the New Zealand Waterski Foundation who have backed us from the start.

The event is now about to begin. We believe we have a fantastic site, magnificent boats, the top skiers in the world, the best officials, and the friendliest competitors any sport will ever see. These ingredients all go to make up what we believe will be a unique championships with a distinctly kiwi flavour, which you will savour and remember for a life time.

We wish everyone a successful championship – competitors, officials, organisers. May the weather be kind to us all and may we share in the camaraderie and good will that is "Barefoot Waterskiing".

Rob Groen

President New Zealand Barefoot Waterski Club and Chairperson of the Local Organising Committee



IWSF president's welcome



It is with great pleasure that I welcome skiers, their families, spectators and officials on behalf of the International Water Ski Federation to the 2008 Barefoot Water Ski World Championships.

After the World Junior Championships in 2002 it is for the second time that New Zealand is hosting a Barefoot World Championships in Otaki.

Following the successful first trial in 2006 in Adna, also for the second time all categories are competing at the same event. It is for sure that the World's best Barefooters of all ages will create again an interesting and spectacular competition.

For a full week thrilling skills are on display at the wonderfully named Lake Inspiration in Otaki. Let us hope the athletes are also inspired to do their very best performances.

I thank the New Zealand Water Ski Association and especially the New Zealand Barefoot Waterski Club for preparing a great Championships for both the athletes and spectators. Looking at the programme there is also a full social programme for all to enjoy as well.

I wish all the skiers the best of luck and great success.

Kuno Ritschard *President IWSF*

WBC chairman's welcome

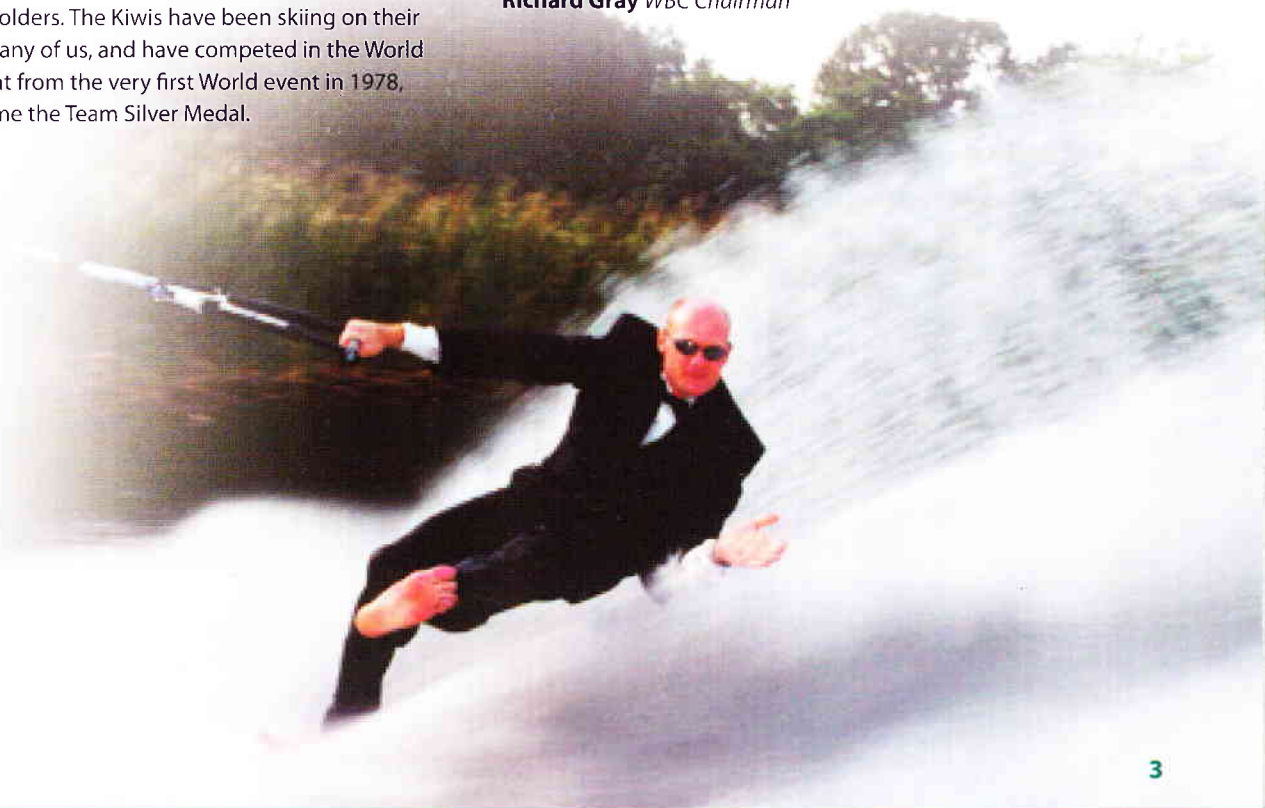
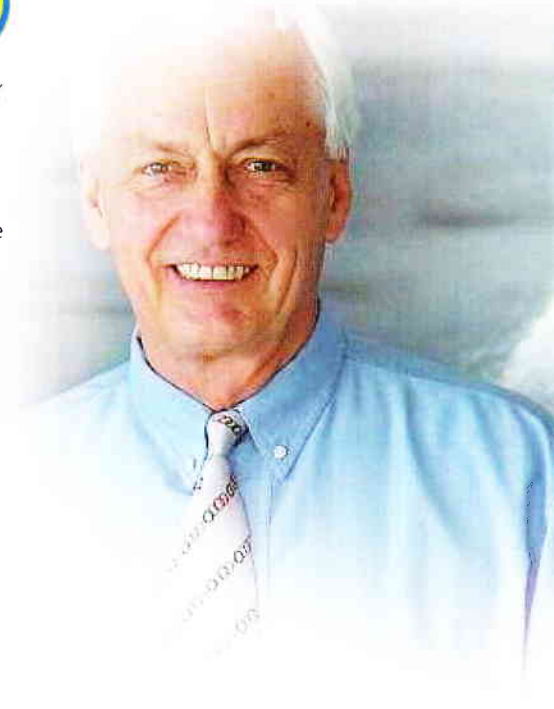
It is with great pleasure that I welcome everyone to the 16th World Barefoot Championships! This is also the 8th Junior World Championships and the 6th Senior World Championships. Combined together this represents the largest World Championships ever to take place in the AA Confederation. I extend warm and sincere thanks to the New Zealand Water Ski Association and the New Zealand Barefoot Waterski Club for taking on such a large task of hosting this event.

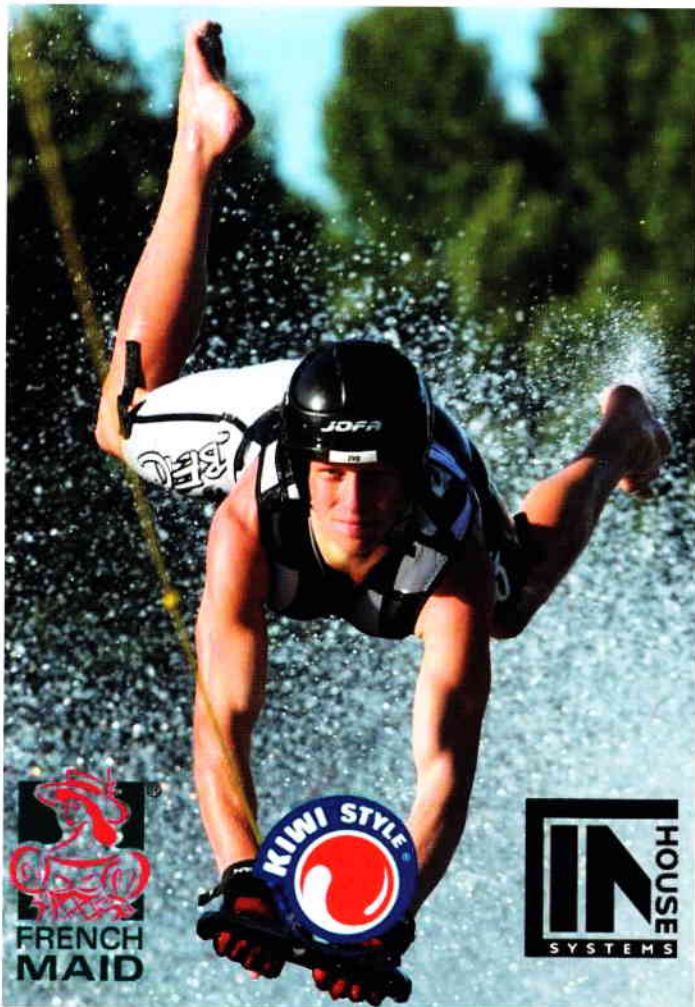
I am especially excited to be in New Zealand as this country has such a rich history in our sport with many past World Champions and World Record holders. The Kiwis have been skiing on their bare feet as long as any of us, and have competed in the World Championships right from the very first World event in 1978, when they took home the Team Silver Medal.

Many thanks to Fred and Rob Groen for having the Inspiration to build a World Class venue for all of us to enjoy. A further thanks to everyone involved with the organization of this event. All of your efforts are greatly appreciated by everyone that has come to enjoy these championships.

I urge everyone to take advantage of the genuine New Zealand hospitality, to see the beautiful country and to take part in all that this event has to offer.

Enthusiastically,
Richard Gray *WBC Chairman*





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VORTEX
WETSUITS

Photo: Lynn Navarofski

IWSF appointed officials



Claire Willard
Chief Judge – AA NZL



Joe Malenfant
Asst Chief Judge – PamAm USA



Ina de Villers
Judge – EAME RSA



Donna Forge
Judge – AA AUS



Kathy O'Donnell
Judge – AA NZL



Ashley Stebbeings
Judge – AA AUS



John Price
Judge – AA AUS



Geoff Davis
Judge – AA AUS



Geoff Blaauw
Judge – AA AUS



Andy Harris
Judge – EAME GBR



Dale Stevens
Judge – PanAm USA



Mike Ozanne
Judge – PanAm CAN



John Boyd
Chief Calculator – PamAm USA



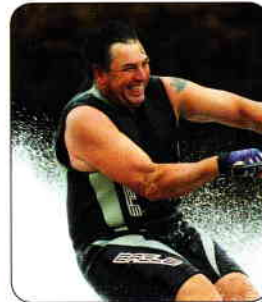
Robyn Gardner
Calculator – AA NZL



Isabelle Dupuis
Calculator – EAME FRA



Terry Jones
Homologator – PanAm CAN



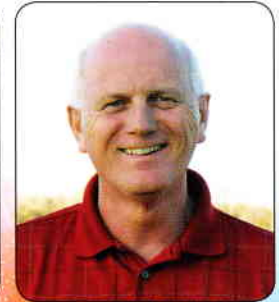
Robb Gardner
Chief Driver Driver – AA NZL



Andrew Richards
Driver – AA AUS



Jan Ter Wee
Driver – EAME HOL



Dan Cummings
Driver – PanAm USA



Andrew Linton
Driver (R) – AA NZL



Billy Wyatt
Chief Video – AA AUS



New Zealand Christmas Tree – Pohutakawa

tournament appointed officials

Tournament Director
Site Director
Assistant Site Director
Safety Officer
Assistant Safety Officer
Tournament/CJ Secretary
Chief Dock Marshall

Rod Green
Gary O'Donnell
Phil Leach
Gary O'Donnell
Noel Binns
Eddie Wilson
Dean McGregor

Video Operators

Stacie Gardner
Milky Hamblyn
Gordie Mouldy
Paul Roberts
Steve McKay
Jeff Payne



local organising committee



Rob Groen



Claire Willard



Kathy O'Donnell



Eddie Wilson



Andrew Linton

heartfelt thanks . . .

With an undertaking of the size of this event there are a few people who are seen taking a lead in organising (that is the Local Organising Committee) and I know that we are all very grateful to these people, but they cannot do it alone. There are many more behind the scenes, who have done an inordinate amount of work to make this event the success we know it will be. These people are the unsung heroes of our sport. They are always there when asked, turn their hand to what is asked of them and come back asking "well what next." Thank you all, from far and wide, the New Zealand shores and abroad, for everything you have done, to make this event what it is and will be.

The Local Organising Committee would especially like to thank Richard Gray, President of the World Barefoot Waterski Council, for his support and guidance and Rod Green our Tournament Director from Australia, who from when he first accepted the position, has not stopped asking what else he can do.

Thank you one and all. The Barefooting Fraternity of the World is a very special one, of which we are all very lucky, to be a part.

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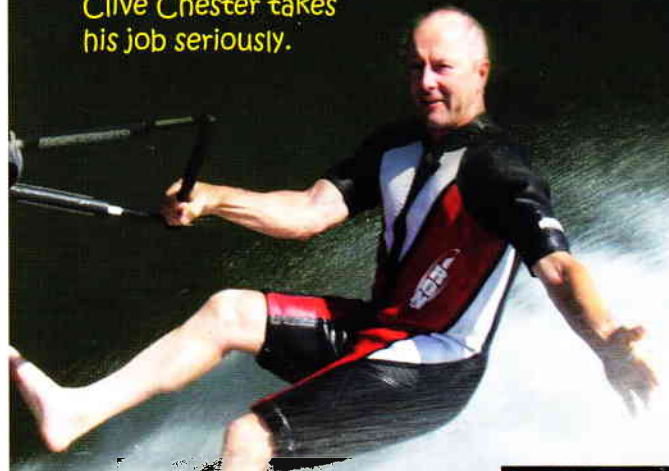
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regional addresses

greetings from EAME

"Barefoot in EAME is not only a sport, it is a passion. Skiers are not only competitors, they are family. Family you meet only once a year, as if the last time was only yesterday.

World Championships are not only the occasion to prove the excellence of our athletes but also the spirit of our wonderful sport. EAME skiers are excited by the prospect of going to New Zealand because they know they can expect

the best from a country with such a wonderful reputation and such friendly people. EAME skiers cannot wait to see their friends from all around the World, especially the Kiwis. Good luck to all skiers. Thank you to the Organising Committee for making this great reunion possible."

Alexandra Vigoureux EAME



greetings from PanAm



On behalf of the PanAm Barefoot Council, I would like to welcome all the federations to this World Barefoot Championships. I wish each and every federation, along with every skier, the best of luck in their competition. I send a special welcome to China as it prepares for it's very first World Championship experience.

Barefooting is a very special family and the World Championships are a truly special event. The competition is always fierce, but the camaraderie of the barefooting family is like no other.

Take some time, reunite with old friends, meet new ones, enjoy your extended family. Like all barefooter's, we work hard and play even harder. I'm 100% sure that our Kiwi hosts have planned an event that you will never forget.

I hope everyone will have an experience of a life time.

Joe Malenfant PanAm Council Member and WBC representative
ABC VP

greetings from down-under

As host confederation and on behalf of the Asian Australasian Barefoot Council, it gives me great pleasure to welcome all federations to the 2009 Championships at Otaki, New Zealand. I would also like to convey a special welcome to the federation of China, to their first World Barefoot Championships. We wish the team well and look forward to further assisting this new federation grow from strength to strength in the years to come.

The key focus over the past two years for our Council has been to grow the number of federations participating in Barefoot competitions. This task is immense, but I am pleased to advise we are slowly seeing the benefits from the many hours contributed by the sub committee involved in our development program.

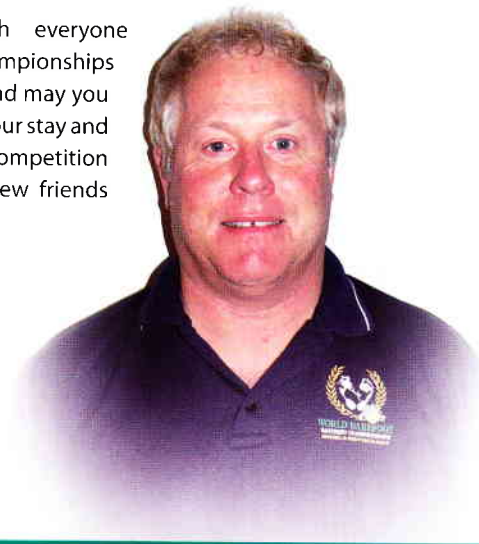
The expansion of Barefoot skiing within the confederation took a great leap forward when our facet of the sport was invited to participate at the first combined (Classic, Wakeboard & Barefoot) Confederation Championships held at Max Kirwan Ski Parks, Mulwala Australia, in December 2006. This event was a huge success and provided the catalyst to showcase Barefooting to our Asian federations. The second combined event was held in the Republic of Korea in September 2008, where four (4) federations - Australia, New Zealand, China and Chinese Taipei attended the championships. Again, another very successful event was staged

with great interest shown towards the barefoot skiers and the way we go about conducting our sport. Our next major event within the confederation will be the World Games in Kaohsiung, Taiwan in July 2009.

The exposure of barefoot water skiing to the Asian federations over the past two years has been significant and will hopefully assist growing our sport in these developing federations. With China joining the barefoot family here in New Zealand, we look forward to seeing a number of new countries from the Asian Australasian Confederation participate at the 2010 World Championships in Berlin, Germany.

In closing may I wish everyone participating in these championships the very best of fortunes and may you achieve your goals. Enjoy your stay and just as important as the competition side of our sport, make new friends and have fun.

Brian Price Chairman Asian Australasian Confederation



events schedule

Monday 26 January	Lake Inspiration & Forest Lakes
Elimination Rounds	All Divisions
Tuesday 27 January	Lake Inspiration & Forest Lakes
Elimination Rounds	All Divisions
Wednesday 28 January	Lake Inspiration
Semi Final Rounds	All Divisions
Thursday 29 January	Lake Inspiration
Semi Final Rounds	All Divisions
Friday 30 January	Lake Inspiration
Semi Final Rounds	All Divisions
Saturday 31 January	Lake Inspiration - Finals
Boat Parade	Slalom
	Senior Women
	Junior Girls
	Senior Men
	Junior Boys
Boat Parade	Tricks
	Senior Women
	Junior Girls
	Senior Men
	Junior Boys
Medal Presentation	Slalom

The running of each event will be subject to water & weather conditions

Saturday 31 January (cont)	
Boat Parade	Jump
	Senior Women
	Junior Girls
	Senior Men
	Junior Boys
Medal Presentation	Tricks
Medal Presentation	Jump
Sunday 1 February	Lake Inspiration - Finals
Boat Parade	Slalom
	Open Women
	Open Men
Boat Parade	Tricks
	Open Women
	Open Men
Medal Presentation	Slalom
Boat Parade	Jump
	Open Women
	Open Men
Medal Presentation	Tricks
Medal Presentation	Jump
	Tournament Complete



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competitors

KEY: S = Slalom; T = Tricks; J = Jump

COUNTRY	COMPETITOR	JUNIORS	OPEN	SENIORS
CHINA	Gang Yang		S,T,J	
	Jia Tao		S,T,J	
	Jiayu Li		S,T,J	
	Kaiyong Huang		S,T,J	
	Xin Yang		S,T,J	
	Yu Song		S,T,J	
	Team Leader Yan Xuelian			
	Vice Team Leader/Translator Meng Shuxia			
	Coach Ni Yuancai			
Coach Jiang Zhisheng				
NETHERLANDS	Mathijs Zielman	S,T,J	S,T,J	
	Coach/Team Captain Arno Zielman			
SWEDEN	Dennis Andersson		S	
	Jacob Versteegh		S,T,J	
	Coach Mikael Lindahl			
GERMANY	Marc Niebuhr	S,T,J	S,T,J	
	Stefan Worpel		S,T,J	
	Svenja Hempelmann		S,T,J	
	Terry Gregory		S,T,J	
	Manager Hilmar Wehner			
FRANCE	Clement Maillard	S,T,J	S,T,J	
	Alexandre Vigoureux		S,T,J	
	Flora Giacuzzo		S,T,J	
	Geoffroy Dupuis		S,T,J	
	Patrick Wehner		S,T,J	
	Bruno Giacuzzo		S,T,J	S,T,J
	Jean Marie Poncey		S,T,J	S,T,J
	Patrice Beekandt		S,T,J	S,T,J
	Manager Jean-Marie Poncey			
Assistant Manager Alexandra Vigoureux				
GREAT BRITAIN	Aiden Finch	S,T,J	S,T,J	
	Hannah Bullard	S,T,J	S,T,J	
	David Small		S,T,J	
	Emily Goldie		S,T,J	
	Paul Turner		S,T,J	S,T,J
	Team Manager Paul Turner			
	Official Sue Goldie			
Official Andy Finch				

competitors

KEY: S = Slalom; T = Tricks; J = Jump

COUNTRY	COMPETITOR	JUNIORS	OPEN	SENIORS
SOUTH AFRICA	Garth Strydom	S,T,J	S,T,J	
	Heinrich Sam	S,T,J	S,T,J	
	Lize-Mari Verster	S,T,J		
	Pascal Bauwens	S,T,J		
	Shianne Addinall	S,T,J		
	Andre de Villiers		S,T,J	
	Zane de Villiers		S,T,J	
	Manager Eugene Sam			
	Coach Nadine de Villers			
	CANADA	Caitlyn Rowland	S,T,J	S,T,J
Daniele Tipping		S,T,J	S,T,J	
Katie Godfrey		S,T		
Richard Blackmore		S,T		
Don Schwartz			S,T,J	S,T,J
Gordie Croteau			S,T,J	S,T,J
Nicole Blackmore			S,T,J	
Paul MacDonald			S,T,J	
Becky Moyres				S,T
Cathy Tuluck				S,T
Duane Godfrey (Rev)				S
Dwayne Rowland				S,T,J
Coach Richard Gray				
Manager Al Moynes				
Doctor Richard Blackmore				

competitors

KEY: S = Slalom; T = Tricks; J = Jump

COUNTRY	COMPETITOR	JUNIORS	OPEN	SENIORS	
USA	Anthony (AJ) Porreca	S,T,J	J		
	Ariana Koehler	S,T,J	T,J		
	Jacklyn Kumlien	S,T,J	T,J		
	James Kumlien	S,T,J	T		
	John Pressendo	S,T			
	Kailey Koehler	S,T			
	Lisa Pressendo	S,T,J	S,T		
	Adin Daneker		S,T,J	T,J	
	Cody Heller		J		
	Doug Jordan		S,T,J	S	
	Elaine Heller		S,T,J		
	Heather Towers		S,T,J	S,T,J	
	Keith St Onge		S,T,J		
	Kevin Towers		S,T,J	S,T	
	Laura Szwed		S,T,J		
	Liz Flaherty		S,T		
	Ryan Boyd		S,T,J		
	Shannon Heller	S,T,J	S,T,J		
	Tenley Cederstrand		S,T,J	T,J	
	William (Billy) Brzoza		S,T,J		
	William Farrell		S,T,J	S,T	
	Andrea Eggert		T,J	S,T,J	
	Claudia Landon			S,T	
	Jerry Kanawyer		S,T	S,T	
	Michael Salber			S,T,J	
	Mike Holt			S,T	
	Teri Jones			S,T,J	
Team Manager	Doug Koch				
Team Manager	Derek Koch				
Coach	Gary (Swampy) Bouchard				
Coach	Lee Stone				
FINLAND	Tuurkka Rasanan		S,T,J		
	Evert Aartsen		J	S,T,J	
	Evert Aartsen (Junior)			S,T	
	Timo Harju			S,T,J	
	Jari Ronkainen			S,T	
	Kasimir Ronkainen			S,T,J	
	Coach	Tuuka Rasanan			
	Manager	Tytti Ronkainen			
Motivational Coach	Michell Knutson				

competitors

KEY: S = Slalom; T = Tricks; J = Jump

COUNTRY	COMPETITOR	JUNIORS	OPEN	SENIORS	
AUSTRALIA	Ashlea McDonald	S,T			
	Brendan Paige	S,T,J	(Rev)		
	Christopher Marrinan	S,T,J			
	Courtney McDonald	S,T,J			
	Darcy Arnel	S,T,J	(Rev)		
	Gavin Beattie	S,T,J			
	Megan Roberts	S,T			
	Riley McKay	S,T			
	Sam Lamshed	S,T			
	Samantha Payne	S,T,J			
	Ashleigh Stebbeings	S,T,J	S,T,J		
	Jamie Payne		S,T,J		
	Peter O'Neill		S,T,J		
	Stacey Green		S,T,J		
	Cameron Smith			S,T,J	
	Cathy Raynor			S,T,J	
	Gizella Halasz			S,T,J	
	Warren Wark			S,T,J	
	Coach	Oscar (Foot) Mann			
	Junior Coach	Peter O'Neill			
Manager	Brian Price				
NEW ZEALAND	Ben Groen	S,T,J	S,T,J		
	Chris McGregor	S,J			
	Dan McGregor	S,J			
	Georgia Groen	S,J			
	Josh Atkins	S,J			
	Mitchell Groen	S,T,J			
	Sam Groen	J			
	Sarah Linton	S,T,J			
	Shannon O'Donnell	S,T,J			
	Tyler Groen	S,T,J			
	Bevan Kelly		S,T,J		
	Kelly O'Donnell		S,T,J		
	Nick Hamblyn		S,T,J		
	Ryan Groen		S,T,J		
	Stephanie Hamblyn		S,T,J		
	Anthony Hawes			S,T,J	
	Fred Groen		S	S,T,J	
	Gary Oakes			S	
	Kathy Duxfield			S,T,J	
	Phil Leach (Senior Rev)		S,T,J		
	Robbie Groen		S	S,T,J	
	Manager	Gary Oakes			

“barefoot stew” – henry stewart mcdonald

20/02/1925 – 26/08-2008

Some of you will not have known this gentleman, some of you will have known him well. I fall into the category of having met him but not really known him so hope that I can do justice to his memory. He is



one of the great legends of Barefoot Waterskiing and one we will never forget, not only for his contribution to the sport of Barefoot Waterskiing that we all love, but for his larger than life personality.

I met Stew for the first time at the World Barefoot Waterski Championships being held in Jacksonville Florida in 1990 and his memory remains with me to this day. He was an imposing figure, 6 foot 4 inches tall, dressed all in white, with no shoes. He spoke with authority and people listened. I had little idea of who he was, but he stood out from the crowd.

Stew grew up in Washington DC. As a young lad growing up in the depression he had an affinity for his peers whose parents could not afford footwear. To this end he too would discard his shoes and walk barefoot to school. The freedom this gave him stayed with him for life. He continued with the “bare feet” for many reasons the very least of which was for money and the attention it brought him. This was not always positive as the traffic department in Florida could vouch for.

Contrary to popular opinion, Stew did not gain his nickname from barefoot waterskiing, but it fitted well. As a test pilot in World War II and a pilot in the Korean War, Stew flew bare footed. In 1947 he began Stock Car racing and this led into Motor Racing – yes barefooted. It was while motor racing on the NASCAR circuit that he earned the nickname “Barefoot Stew”,

In 1948, while recuperating from a crash, he came to Miami University and came upon the sport of waterskiing. After a very short time he started his own ski school with a mate Dave and thus began a lifelong love of the sport and a dedication above and beyond. Stew was a participant, a performer at Cypress gardens, a coach, a judge, an administrator, and announcer both at tournaments and for ABC Television’s “Wide World of Sport” and a dedicated supporter of both tournament and barefoot waterskiing. He not only loved the sport - he lived it.

1992 Stew was inducted into the Waterski Hall of Fame. A worthy recipient of such an accolade and now celebrated there for all to remember, and reflect upon his contribution to our sport. He was one of the first proponents of barefoot waterskiing in the USA and played a big part in the development of the rules and regulations that formed the basis of our rule book today.

Stew you may be gone from our physical presence but you will always be remembered in our hearts. How could we forget those size 11 calloused feet, that dry sense of humour, that independent thinking, that man who was Stew McDonald.

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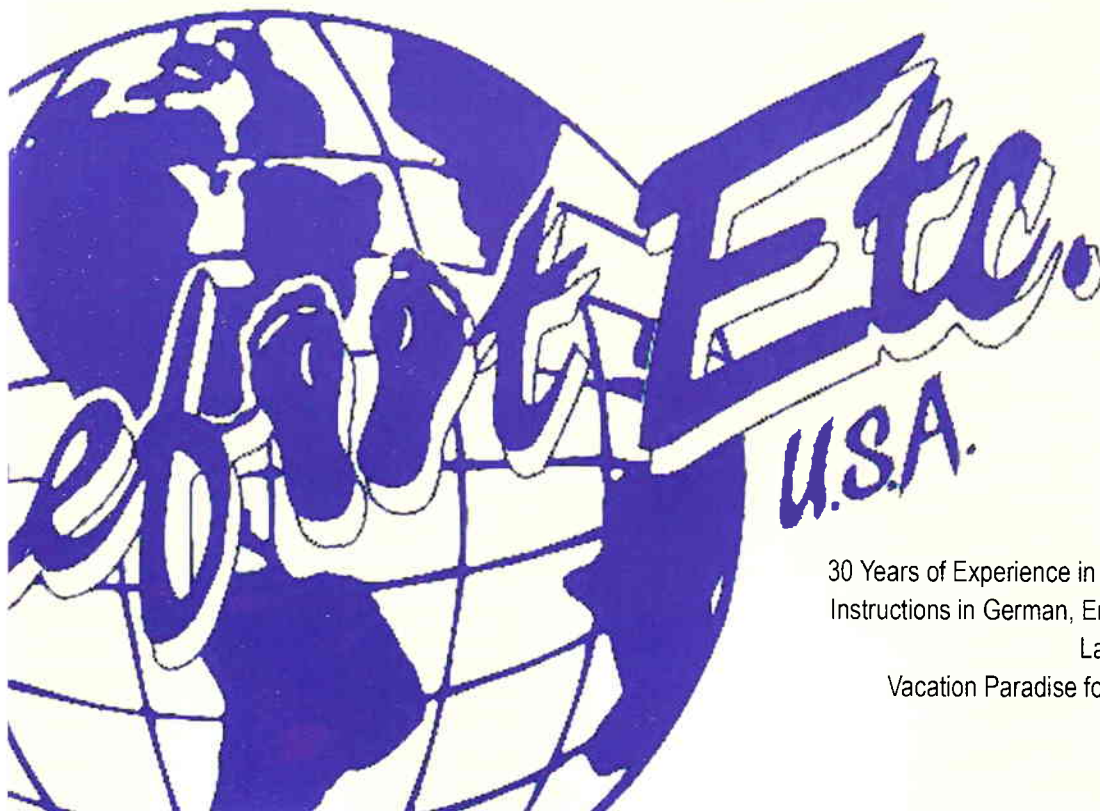
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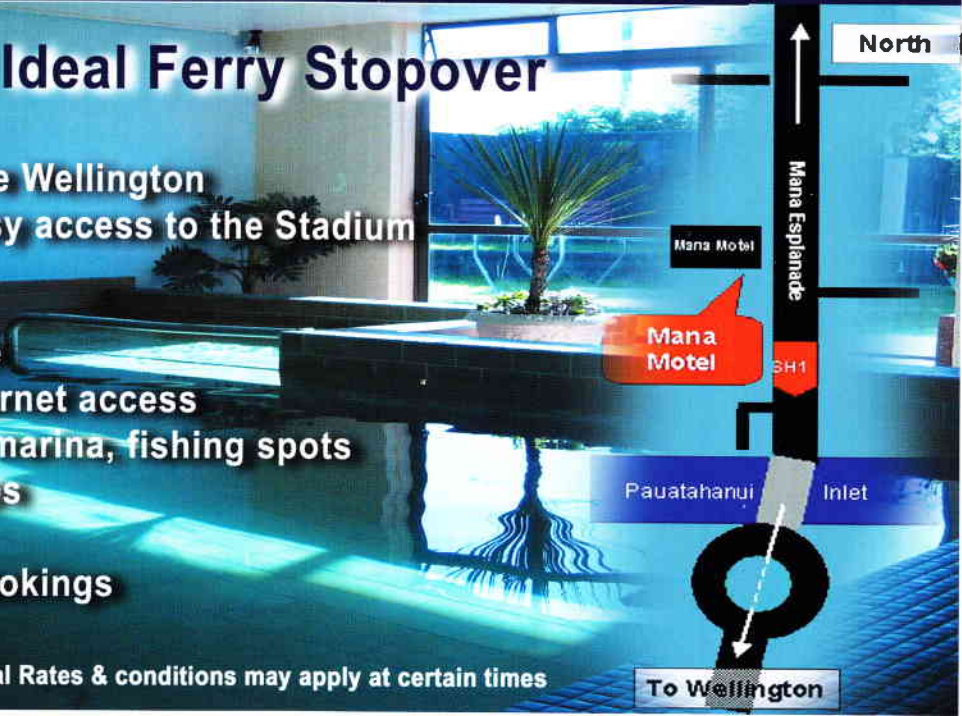
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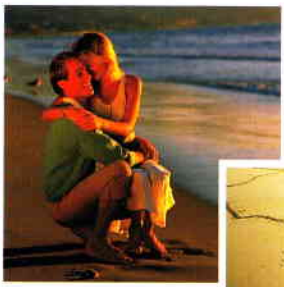
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it can be a hard road but well worth the journey

The journey to where I am with my barefooting today has been a long and curvy road, with many ups and downs. However, I have enjoyed the ride and everything that has come along with it.

I first learnt to barefoot in 2000 when I was eight years old. I learnt because my brothers could do it and I wanted to keep up with them, despite the impossible. I soon after competed in my first competition, never imaging where it could take me. For the next few years my one and only goal was to keep setting personal bests for myself. I travelled to various destinations across Australia, proudly representing my state.

In 2003 I competed in my first international event being the Asian Australasian. The first time I met the New Zealand team, what an interesting bunch they were. At the 2003 Australian titles I was named in the team that would travel to America later that year to compete at worlds, being ten I didn't really know what this meant, but was excited to tell my mum anyway. Travelling to America was one of the greatest experiences of my life especially training with the team, representing my country and meeting new people. My goal for the Worlds was still to set personal bests for myself, in doing this I come home with a Gold medal in tricks and a Bronze overall.

From that point on I had the travel bug. In the next 2 years I knew that if I wanted to make the team for the next worlds I would have to train really hard. This was quite a difficult time as the people I was training with quit and my brothers did as well, leaving me to face the long hard hours of training to just my dad, my mum and myself. At times it was difficult because I had to create my own fun to keep me motivated. However, this paid off resulting in team selection for the 2005 World titles in South Africa. Leading up to the Worlds I had a hard time with injury and at one stage considered not skiing the Worlds, I wasn't letting a shoulder injury ruin my hard work.

My goals for the Worlds were to do personal bests and to try and defend my trick title. My hard work paid off when I took out Junior Girls tricks, slalom, jump and overall. I was more proud of myself that I did personal bests. Being World Junior Girls Champion meant a lot to me because it meant all my hard work leading up to the Worlds had paid off and I wanted to do it for both my mum

and dad because they put the most time into me.

This was not the end of my journey however with a Worlds coming around the next year, I wouldn't get much of a break. The training for the 2006 Worlds was hard because it was during our winter time, more long hours spent on the water. This Worlds was hard mentally because I was the one all the girls wanted to beat. I was in a complete different situation going from being the 'underdog' and chasing the title to trying to regain the title and ski solid runs. I skied for both Open Womens and Junior Girls and managed to make it through to all 6 finals. I managed to get gold in both Junior Girls tricks and jump and Junior Girls overall and silver in Open Womens Overall.

The Junior Title meant more to me the second time because I felt like I was put under more pressure and I worked really hard to achieve this. Becoming Overall World Champion was like a dream, it didn't feel like it was real. Winning it twice means to me that all the hard work over the past years had paid off. However, the most important goal to me is always going to be achieving personal bests, because no matter the outcome I know that I have skied as good as I could have. You can't ask for more than that!

— Ashleigh Stebbeings



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a right little battler on and off the water

I started skiing at the age of 4 on a set of combo skis and I just loved it. My first barefoot experience was at the age of 5 or 6. I got on the water with my Dad on combo skis. I had my own rope and then Dad picked me up by the collar and set me down on the water – my first barefoot experience.

At 7 I skied in my first tournament. My motivators have been Nadine and Keith and I knew that if I worked hard I could one day be as good as these skiers.

I was the youngest skier to land an invert jump in a tournament at age 10; I hold the Junior World Slalom record at 19.2; and I was the first skier to ski over 11000 points in tricks. I am the current Junior World Boys Champion and have held this title for 4 years.

I have been lucky to always have Andre de Villiers to ski with and we have competed against each other every weekend. This pushed us both to levels that I don't think we ever imagined. He is one of my best friends and my greatest rival. I think he is the most talented skier this sport has ever had and it is now Andre that keeps me motivated as I always strive to do better than him.

What makes this sport great is that when I got sick last year with cancer the whole world sent me emails. I did not know that so many people knew me and I would like to thank them all for their prayers and well wishes.

(Eugene, Heinrich's Dad, says it was also Heinrich's belief in himself that he would get better and he would ski again, along with prayers from all over the world, that have enabled Heinrich to come back stronger and better than ever.)

I would like to thank my Dad. He always pushed me when everyone thought it was not possible and he always believed that I could be as good as I wanted to be. He never gave up on me and when I came back from my illness he just said we will now take this sport to levels no one else has ever dreamed of.

So here we are back in New Zealand where I attended my first ever World tournament when I was 9 and I made the finals in tricks and skied 3 personal bests.

Good to see you all here at the Worlds.

— Heinrich Sam



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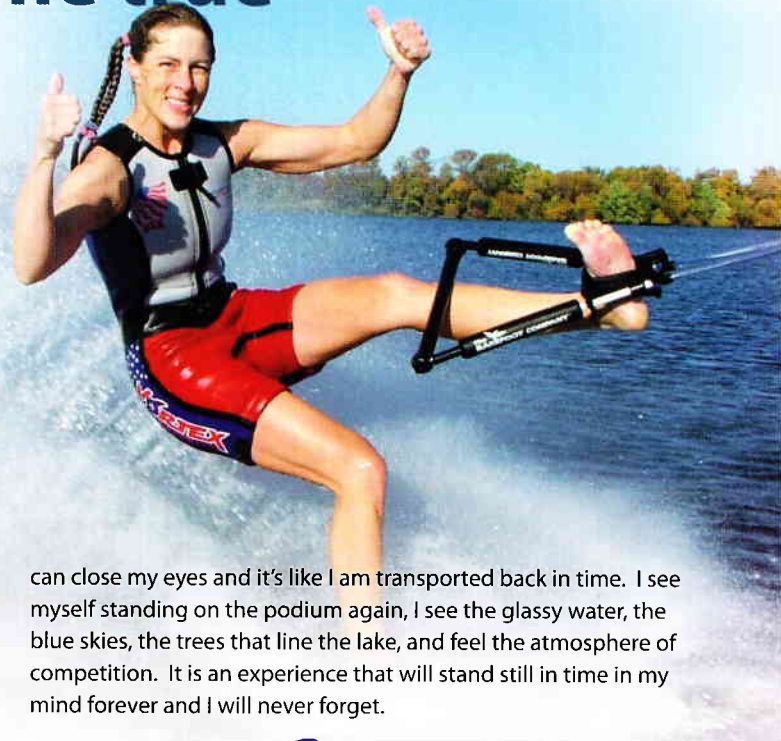
dreams

... they can come true

My journey to the 2006 World Barefoot Championships was the culmination of about 9 years of training and tournaments. We all have the crash-fest sets when we wonder if we've forgotten how to barefoot overnight and why the heck we are abusing our bodies the way we do. And then we have the sets that tell us exactly why we do it. For me, it's taking that first pass on absolute glass, making that elusive turn, cranking out a wicked fast set of slalom, scoring my entire trick run in a tournament, being confident that I finally "own" the toe-up, the feeling that comes with posting a personal best. It's the small steps and successes along the way that build to a dream of competing at a world championship and push me to the next level.

Winning a world championship was something that I dreamed about but never thought would actually become a reality. I trained hard the summer of 2006 with my husband, Ron, and good friend, Chris Finn, and my ski partners are a huge piece of my success. You have to be dedicated, focused, motivated and driven to get to the World level of competition, but you also have to have encouragement, support . . . and a good boat driver! Ron and Chris pushed me and kept me focused that summer, and I owe them much of the credit for my success at Lake Silverado.

Two years have passed since I skied the tournament of my life and won 6 gold medals at Lake Silverado, but I can tell you that it still feels like it was yesterday. Every time I hear the national anthem, I



can close my eyes and it's like I am transported back in time. I see myself standing on the podium again, I see the glassy water, the blue skies, the trees that line the lake, and feel the atmosphere of competition. It is an experience that will stand still in time in my mind forever and I will never forget.

Jody Shenwood



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doctor, doctor give us the news

Tell me about your previous results in World Championships?

I have won medals ranging from 1978 to 2006. I've won 8 gold, 10 silver and 4 bronze medals as well as many team medals.

What medals did you win in 1978?

In 1978 I won the gold medal in tricks, which was my first World Championship.

What has been your biggest achievement in barefoot water skiing?

I think winning the first tricks gold medal in the first World Championships, the first World Senior's Championship, and the first World Combined Senior's and Open World Championships would be the best thing I have done as well as winning the Australian Open Barefoot Championship when I was 40 years old, nineteen year after I'd done it the previous time.

Have you been skiing throughout the whole period of time?

No. I have had several breaks from skiing; due to completing my medical degree and starting my medical career as well as my long term break from injury.

What motivates you to train?

Well, I grew up in a water skiing family and I was training before school even when I was in early secondary school ie. from about 12 or 13 years of age. I don't think I am the most talented skier in the world but I know how to train properly and to apply myself consistently.

Have you had many disappointments in water skiing?

Some people would say that when I lost the world championships by .09 of a point in 2001/2 in New Zealand that was a disappointment. But in retrospect it was probably one of the great things that have happened in my life to lose by such a small amount in retrospect was a terrific life experience and I have no regrets and I learnt a lot about myself in losing that way.

Tell us a bit about what you are doing now?

Well at the moment I am competing seriously at Triathlons and I have just been to the World Half Iron Man Triathlon Championships where I finished second. That race was in Florida

in the USA. I am training very hard again for both the National Series and the World Series in Half Ironmans. As well as that I am a full time doctor with a medical clinic where we employ ten doctors and I also run my own Powder Coating factory in Ballarat and chase around after three energetic sporting children.

Do you see yourself competing in Barefoot Waterskiing again?

Well at this stage I do not have any plans to but I would never say that I never will. I enjoyed my time in water skiing, made many great friends and have had great opportunities and the skills and the discipline that I learned in training for water skiing have carried over into various aspects of my life.



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the knocks, the pain ... worth every minute of it

What are your most recent (past 2 years) barefooting accomplishments? Your current standings?

2006: I am currently the women's World overall and jump Champion. In 2007 I won my 8th overall National title by getting 1st in slalom, tricks, and jump. This was the 7th consecutive year I won the overall title which set a record.

2004: World gold medallist in slalom, tricks, and jump United States Olympic Committee Athlete of the Year International Water Ski Federation Barefoot Skier of the Year USA Water Ski Female Athlete of the Year Banana George Blair Barefooter of the Year Award.

To be completely blunt, many barefooters have much larger feet than you do (from what I've been told). What size shoe are you? And how has that affected your performance?

I am a size 7!

To be honest my foot size hasn't been a problem. The biggest help to my barefooting has been professional instruction from Lane "Dawg" Bowers. Having someone teach me who knows what they are doing makes all the difference in the world. With the proper form, speeds, and boat driver anyone, regardless of foot size, should be able to barefoot.

What are some of the most challenging obstacles you've had to face in your career/life?

Allocating my time between work, skiing, physical and spiritual growth. Dislocating my shoulder twice. Finding a ski partner.

Do you have any personal inspirational stories about your life that might serve as encouragement for other skiers/people/athletes?

It is important to love what you do. I don't just love competing; I love the process of preparing for a competition. I love going out in the boat day after day and seeing the little improvements. One thing that has helped me get to where I am is setting short and long-term goals. By setting short-term goals you have a plan to get you where you want to be and you are able to see the progress you make everyday. After I dislocated my shoulder a second time (two years ago), I thought my dreams of competing at the 2006 Worlds were over. A month after the injury my doctor and I decided I could try to ski if I wore a brace. I was allowed to do anything that didn't hurt. It was hard having to start with the basics again. It took me two months to get back to where I was before the dislocation. With perseverance I made it through the season. It was a miracle I made it to the Worlds and was able to compete and win. I believe it was the Lord that was holding my shoulder together.

I was ten years old when I went to my first barefoot lesson with Lori Powell. Right before she retired I remember telling her, "I'm going to beat you one day!" I never had the opportunity to compete against Lori, but she was my biggest inspiration when I first started competing. I wanted to be the best barefooter in the World like she was.

Okay, what about your everyday life? Are you a full-time athlete, or is there some other job that helps pay the bills? (many up-and-coming skiers are very interested in finding out what the life of a pro is really like)

Unfortunately there is not much money in the sport of barefooting. As the sport grows I hope there will be more money available. Because I don't make much money from barefooting I have pursued many things in life leading to a more balanced life. I have had the opportunity to dance with a professional modern dance company and get a degree in athletic training from Florida Southern College. I have worked as a certified athletic trainer at a few different colleges, but now work at a doctor's office as an assistant.

Is your husband also involved with the sport? How so? Other family members?

My husband and parents are very involved in my life and helping me pursue my passion for barefoot water skiing. This past summer I taught my husband how to drive the boat for me. This was a big help when Lane wasn't available to ski my husband, Scott, was able to take me.

My dad has been my coach from the beginning. He is a psychologist, which has helped me tremendously with the mental aspect of my sport. Up until the time I went to college my dad was my coach, ski partner, and teacher. Now that I am married my dad coaches me over the phone and he and my mom come to many of my competitions.

Where do you see yourself in five years?

I would love to have my own boat by that time and teaching others to barefoot on the side. As long as my barefooting is continuing to improve I want to keep competing. In 5 years my husband and I should be getting pretty serious about having kids.

Rachel A. Normand



Inspiration ... it comes in many forms

I would like to welcome everyone to the 2008-2009 Worlds being held at gorgeous Lake Inspiration! The name of the lake explains why we are all present at this World competition. Whether you are a skier, official, coach, manager or part of the LOC we all had an inspiration that pushed us to this level. With this being said it's obvious that my inspiration for barefoot waterskiing has never and will never dim.

My path down Barefoot Boulevard, was neither a paved road nor a smooth dirt road. It was small mountain bike trails that lead through a mountainous terrain in Northern New Hampshire just sixty miles south of the Canadian border and fifteen miles North of Mt. Washington which holds the fastest recorded wind speed in the world at 231 mph.

My cousin Gary "Swampy" Bouchard started a small show ski club on Lake Umbagog which had more barefoot skiers than pyramid builders. That led to hiring the then current world champion Mike Seipel. Since I had just joined the club at nine years old and learned how to ski that summer it was only right to stick me on the end of the boom while attempting to kick off a ski. I stepped off the ski on my first attempt and they made me do it again to make sure it wasn't beginner's first luck. My next two step-offs were successful and Mike Seipel became my idol!

I competed in my first National Championship in 1989 but did not win a gold medal until I was an Open skier eight years later. There were many tough years while skiing as a Junior, but perseverance and inspiration kept me motivated, as one day I wanted to be the next Mike Seipel. At the 1997 US Nationals I won Slalom, Tricks

and the Overall. These were the first gold medals of my career and the first time in eight years anyone had dethroned Ron Scarpa. I went on to win nine out of twelve Nationals. Let's just say the wait was worth it and I was blessed to have a supportive family behind me!

My first worlds was in 1996 and as many of you know it took me ten years and six worlds to finally win my first World Overall title. I was runner up in the 2000, 2002 and 2004 worlds which made me swallow my pride and forced me to rethink my career and life goals on a serious note. I changed my eating habits and went back to basics one full year before the 2006 worlds. I even decided to take a trip to South Africa to ski with Eugene and Heinrich Sam with an open mind to further my skills.

Everyone matures at different ages and when I look back I wish I would've matured sooner rather than later. It's easy to look back and say, "If I would have known what I know now I would have done things differently!" If there's one message I'd like to get out it would be: Look back at your mistakes and learn from them but don't make the same mistake twice. You can practice all you want on the water but life decisions are everyday which result in your personal future.

I'd like to give a huge thank you to the LOC. I am ecstatic to be here in New Zealand at another World Championship! For everyone that is here experiencing their first worlds, I welcome you and good luck to all! Now the question is, "Was the wait worth it?"

Keith Stange





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juniors

Year	Overall	Tricks	Slalom	Jump
1995	Jason McArthur	Jason McArthur	Jason McArthur	Patrick Nasser
1997	Jason Lee	Jason Lee	Jason Lee	Phillipe Renoux
1999	David Small	Peter O'Neill	Terry Gregory	Matt Wright
2001	Michael Caruso	Andre de Villiers	Michael Caruso	Michael Caruso
2003	Andre de Villiers	Andre de Villiers	George Wimmer Jr.	Andre de Villiers
2005	Heinrich Sam	Heinrich Sam	Robert Blaauw	Heinrich Sam
2006	Heinrich Sam	Billy Benoist	Heinrich Sam	Heinrich Sam
Year	Overall	Tricks	Slalom	Jump
1995	Jennifer Harris	Kristin Russell	Charity Merriman	Donna Schmidt
1997	Nadine de Villiers	Lucy Scopes	Nadine de Villiers	Nadine de Villiers
1999	Nadine de Villiers	Nadine de Villiers	Nadine de Villiers	Nadine de Villiers
2001	Ashley Shewmaker	Ashley Shewmaker	Nerissa Wright	Ashley Shewmaker
2003	Nerissa Wright	Ashleigh Stebbeings	Nerissa Wright	Stephanie Hamblyn
2005	Ashleigh Stebbeings	Ashleigh Stebbeings	Ashleigh Stebbeings	Ashleigh Stebbeings
2006	Ashleigh Stebbeings	Ashleigh Stebbeings	Elaine Heller	Ashleigh Stebbeings

seniors

Year	Overall	Tricks	Slalom	Jump
1999	John Stekelenburg	John Stekelenburg	Joe Valenti	John Stekelenburg
2001	William Farrell	William Farrell	John Stekelenburg	Fred Groen
2003	Lane Bowers	William Farrell	William Farrell	Lane Bowers
2005	Cameron Smith	Gordie Croteau	Tim Failes	Fred Groen
2006	John Stekelenburg	John Stekelenburg	Gordie Croteau	John Stekelenburg
Year	Overall	Tricks	Slalom	Jump
1999	Lorraine Burio Piskura	Lorraine Burio Piskura	Francoice Dunod	Francoice Dunod
2001	Gizella Halasz	Gizella Halasz	Sherri Morse	Gizella Halasz
2003	Sherri Morse	Gizella Halasz	Sherri Morse	Karyn Scarpa
2005	Gizella Halasz	Gizella Halasz	Gizella Halasz	Gizella Halasz
2006	Jody Sherwood	Jody Sherwood	Jody Sherwood	Jody Sherwood

open

Year	Overall	Trick	Slalom	Jump	Starts
1978	Brett Wing	John Stekelenburg	Brett Wing	Greg Adams	Brett Wing
1980	Brett Wing	Brett Wing	Brett Wing	Brett Wing	Brett Wing
1982	Brett Wing	Brett Wing	Mike Siepel	Ron Scarpa	Brett Wing
1985	Mike Siepel	Mike Siepel	Ron Scarpa	Peter Wellham	Gavin O'Mahoney
1986	Mike Siepel	Mike Siepel	Ron Scarpa	Gavin O'Mahoney	Not Competed
1988	Rick Powell	Rick Powell	Ron Scarpa	Rod Trevillian	Not Competed
1990	Rick Powell	Ron Scarpa	Brett Sands	Mike Siepel	Not Competed
1992	Ron Scarpa	Ron Scarpa	Ron Scarpa	Lane Bowers	Not Competed
1994	John Pennay	John Pennay	Brian Fuchs	Brett Fritsch	Not Competed
1996	Ron Scarpa	Ron Scarpa	Brett Sands	Mario Moser	Not Competed
1998	Ron Scarpa	Ron Scarpa	Keith St Onge	Evan Berger	Not Competed
2000	Ron Scarpa	Ron Scarpa	Jason Lee	Ron Scarpa	Not Competed
2002	David Small	Patrick Wehner	Keith St Onge	David Small	Not Competed
2004	David Small	David Small	Brett Sands	David Small	Not Competed
2006	Keith St Onge	Keith St Onge	Keith St Onge	David Small	Not Competed
Year	Overall	Trick	Slalom	Jump	Starts
1978	Collen Wilkinson	Gillian Shipp	Colleen Wilkinson	Not Competed	Colleen Wilkinson
1980	Kim Lampard	Kim Lampard	Kim Lampard	Not Competed	Debbie Pugh
1982	Kim Lampard	Debbie Pugh	Debbie Pugh	Not Competed	Lori Powell
1985	Kim Lampard	Debbie Pugh	Kim Lampard	Not Competed	Kim Lampard
1986	Kim Lampard	Kim Lampard	Kim Lampard	Michelle Doherty	Not Competed
1988	Lori Powell	Lori Powell	Jennifer Callieri	Steffi Hermann	Not Competed
1990	Jennifer Callieri	Jennifer Callieri	Jennifer Callieri	Amy Lawler	Not Competed
1992	Jennifer Callieri	Jennifer Callieri	Jennifer Callieri	Beth Leboff	Not Competed
1994	Jennifer Callieri	Jennifer Callieri	Jennifer Callieri	Sharon Stekelenburg	Not Competed
1996	Jennifer Callieri	Jennifer Callieri	Jennifer Callieri	Sharon Stekelenburg	Not Competed
1998	Sharon Stekelenburg	Sharon Stekelenburg	Nadine de Villiers	Nadine de Villiers	Not Competed
2000	Nadine de Villiers	Nadine de Villiers	Nadine de Villiers	Nadine de Villiers	Not Competed
2002	Nadine de Villiers	Nadine de Villiers	Nadine de Villiers	Nadine de Villiers	Not Competed
2004	Gizella Halasz	Rachel George	Rachel George	Rachel George	Not Competed
2006	Rachel Normand	Jody Sherwood	Nerissa Wright	Rachel Normand	Not Competed

current world records

Junior Girls

Slalom	Nadine De Villiers (RSA)	16.1	05/04/1997
Tricks	Nadine De Villiers (RSA)	3130	03/12/1999
Jump	Nadine De Villiers (RSA)	15.5M	23/04/1998

Junior Boys

Slalom	Heinrich Sam (RSA)	19.2	06/01/2006
Tricks	Andre de Villiers (RSA)	8530	11/04/2003
Jump	Andre de Villiers (RSA)	26.3M	06/03/2004

Open Women

Slalom	Nadine de Villiers (RSA)	17.0	05/01/2001
Tricks	Nadine de Villiers (RSA)	4400	05/01/2001
Jump	Nadine de Villiers (RSA)	20.6M	04/03/2000

Open Men

Slalom	Keith St. Onge (USA)	20.6	06/01/2006
Tricks	Keith St. Onge (USA)	10880	17/09/2006
Jump	David Small (GBR)	27.4M	08/02/2004

Senior Men

Slalom	John Pennay (AUS)	18.1	04/02/2004
Tricks	Ron Scarpa (USA)	8850	02/06/2002
Jump	Ron Scarpa (USA)	25.2M	23/08/2002

Senior Women

Slalom	Gizella Halasz (AUS)	14.0	31/01/2004
Tricks	Gizella Halasz (AUS)	4200	04/02/2004
Jump	Gizella Halasz (AUS)	11.7M	24/01/2002

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